



***Travel Itinerary:  
European Seminar - Switzerland  
March 6<sup>th</sup> – 14<sup>th</sup>, 2020***



***Fairleigh Dickinson University students with grade school students from Lucerne, Switzerland - 2017***

**Friday, 06 March 2020**

**Attire: Comfortable Casual**

**8:00 p.m.** Meet at Newark Airport

**10:05 p.m.** Flight departs

**FLIGHT INFORMATION**

**Newark to Zurich**

**Swiss International Airlines, LX Flight #0019  
(Terminal B\*)**

**Departing Newark at 10:05 pm**

**Arriving Zurich Airport at 11:40 am (overnight)**

**Saturday, 07 March 2020**

**Attire: Comfortable Casual for travel  
Business casual for evening**

**11:40 a.m.** Arrive Zurich Airport  
Collect luggage and meet driver for transfer –

**1:30 pm** Approximate time of arrival at  
**Hotel Schweizerhof**  
Dorfstrasse 42  
Engelberg  
Switzerland  
Tel. +41 41 637 11 05  
E-mail [info@schweizerhof-engelberg.ch](mailto:info@schweizerhof-engelberg.ch)

**2:00 pm** Light snacks  
**Menu:** breads  
Cold Cuts  
Cheeses  
Soup  
Salad

**3:00 pm** Room keys will be distributed

**4:00 pm** Meet in the hotel lobby for a walk through Engelberg with Susanne Kuhn  
**Please wear winter boots!**

**6:00 pm** Conversation with Susanne about "Switzerland and the Swiss People" - Questions

**7:00 pm** Dinner at the Schweizerhof Hotel

**Menu:**

Mixed salad

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Potato cream soup

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Sliced veal Zurich style with  
Mashed potatoes and vegetables

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Vanilla ice cream with chocolate sauce

**\*\*Due to long flight and time change you will be very tired. Please refrain from sleeping. It is important that you try to adjust to Switzerland's time zone. If you must rest, please DO NOT SLEEP MORE THAN 2 HOURS! The best way to adjust is to go to bed at your normal time. \*\***

**Sunday, 08 March 2020**

**Attire: Warm Casual**

**Comfortable walking shoes –winter boots**

**Do NOT forget your camera!**

**09:00 am** Breakfast at the hotel

**09:30 am** Walk to the gondola terminal for Mt. Titlis

**11:30 am** Group meets at the Pizza Restaurant in Mt. Titlis complex for lunch  
2<sup>nd</sup> floor

**Menu:** Margherita OR Prosciutto pizza

Salad

2 beverages per person

Balance of early afternoon is free to enjoy snow covered Swiss Alps and take pictures

Return to Schweizerhof hotel on your own

**4:55 pm.** Meet at Schweizerhof for discussion between 3 hotel managing owners: Susanne and Peter Kuhn and your host Adrian Barmettler will share their experience as managing owners, couples working together and managers of a private hotel in a tourism destination in Switzerland

**7:00 pm** Depart for Fluhmatt Restaurant – hiking shoes highly recommended -  
Alphorn blowing experience

**Menu:**

Swiss macaroni and cheese

Homemade applesauce

Dessert

**9:00 pm** Torch lit hike back to the hotel

**10:00 pm** Arrive at Schweizerhof

**Monday, 09 March 2020**

**Attire: Business Casual**

**\*Comfortable walking shoes\***

- 7:00 am** Breakfast at the hotel
- 8:00 am** Depart Engelberg for Montezillon and L'Aubier Hotel  
L'Aubier Hotel is a true example of sustainable practices and the first recognized sustainable hotel in Switzerland  
*Note: you can bring a change of clothes [casual] with you today, if you wish, for tour and leisure time in Bern*
- 10:30 am** Arrival at L'Aubier
- 11:00 am** Tour of the facilities with one of its founders
- 12:00 pm** Lunch at L'Aubier Restaurant

**Menu:**

Taboulé de quinoa et truite fumée  
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Hamburger de bœuf de notre ferme  
Ketchup de betteraves  
Potatoes et salade de choux chinois au curry  
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Lasagnes végétariennes gratinées au fromage de notre ferme  
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Mousse au chocolat et coulis d'orange

Tabbouleh of quinoa and smoked trout  
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Beef burger from our farm  
Ketchup of beets  
Potatoes and Chinese cabbage salad with curry  
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For the vegetarians:  
Vegetable lasagna baked with cheese from farm  
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Chocolate mousse and orange coulis

- 1:30 pm** Depart L'Aubier Hotel for the city of Bern
- 2:30 pm** Arrive Bern and meet tour guide by the Bear Pit for a walking guided tour of the clock tower
- 3:30 pm** End of tour  
Free time to discover Bern on your own
- 5:30 pm** Group meets at Bear Pit for return bus ride to Engelberg
- 7:30 pm** Arrive at Schweizerhof Hotel, Walk into town for dinner at Restaurant Engelberg.

**Menu:**

Beetroot soup with sour cream  
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Veal or Pork sausage  
Gravy with onions  
Rösti  
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- 9:00 pm** Reflection session

**Tuesday, 10 March 2020**

**Attire: *Business***

**\*Comfortable walking shoes\***

- 8:00 am** Breakfast at the hotel
- 9:30 am** Depart Engelberg for Interlaken and visit to Victoria Jungfrau Grand Hotel & Spa
- 11:00 am** Arrive at Victoria Jungfrau Grand Hotel & Spa  
Meet hotel representatives for a back-of-the-house tour and presentation
- 12:30 pm** Lunch at Ristorante Saponi

**Menu:**

**Mozzarella di bufala Campana alla caprese**

Tomato – Mozzarella salad

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**Risotto agli asparagi con strisce di vitello**

Asparagus risotto with veal stripes

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**Panna cotta ai frutti di bosco**

Panna cotta with wild berries

- 2:00 pm** Depart for Lucerne
- 3:00 pm** Arrive at the Lion Monument in Lucerne for photo op
- 3:30 pm** Depart Lion Monument for City of Lucerne – please be mindful of where we will be  
dropped off (since this will be the point for pick-up)
- 6:15 pm** Leave city center by bus at point of drop-off
- 6:30 pm** Arrive at Montana Hotel – a great example of Art Deco architecture
- 6:45 pm** Dinner at Montana Hotel Restaurant

**Menu:**

Sautéed scallop and king prawn on shorty sautéed tuna,  
salikorn, avocado, artichokes and passion fruit gel

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Seared beef entrecôte with apple chutney, Cironé-potato cream, spinach  
and Burgundy truffle

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Honig-Haselnuss Crème Brûlée mit marinierten Feigen und Bracchettoglace  
Honey-hazelnut Crème Brûlée with marinated figs and Bracchetto ice cream

- 8:30 pm** Depart Montana Hotel for Engelberg
- 9:15 pm** Arrival at Schweizerhof
- 9:30 pm** Reflection session

**Wednesday, 11 March 2020**

**Attire: Business Casual**

**\*Comfortable walking shoes\***

**7:30 am** Breakfast at the hotel

**8:30 am** Depart Engelberg for Losone  
Angelo Delea Winery and Distillery  
Losone, Switzerland

**11:00 am** Arrive for visit to Aceto-Balsamico production, walk to the distillery and wine museum.

**2:00 pm** Cantine Delea  
Losone, Switzerland  
Lunch

**MENU:**

Risotto with luganighetta (Ticino traditional sausage)  
served with our Balsamic vinegar  
or Polenta with Brasato (beef)

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Americano grape sorbet (our production) served with Delea grappa  
Coffee and water

**3:30 pm** Depart Losone for Locarno

**3:40 pm** Arrive Locarno  
Free time in Locarno to explore the city on your own

**5:00 pm** Depart Locarno for Engelberg

**7:30 pm** Arrive Schweizerhof Hotel  
Dinner

**Menu:**

Starter plate "Schweizerhof" (vegetarian)

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Tomato cream soup

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Chicken with French fries and vegetables

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Cake with whipped cream

**9:00 pm** Reflection session

**Thursday, 12 March 2020**

**Attire: Business Casual**

**\*Comfortable walking shoes\***

- 7:00 am** Breakfast at the hotel  
**7:45 am** Depart from Engelberg for Lutry area and La Cave des Vignerons de Corseaux Winery in Lavaux. A family Estate  
**10:30 am** Arrive and tour of winery's vineyard and wine cellar  
Lunch

**Menu:**

local cheeses  
Dry sausages  
Dry meats  
Bread

- 1:45 pm** Depart for Broc  
**2:30 pm** Arrival at the **Chocolate factory Maison Cailler**  
**2:45 pm** Tour with headset in English and degustation  
**5:00 pm** Depart Broc  
**7:30 pm** Arrive Schweizerhof for farewell *fondue* dinner

**Menu:**

Green salad

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Bouillon with pancake stripes

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Traditional cheese fondue  
with bread and boiled potatoes

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Apple sorbet

- 9:00 Hrs.** Reflection session

**Friday, 13 March 2020**

**Attire: Business Casual for Morning**

**Casual for afternoon tour of Zurich and dinner**

- 9:00 am** Breakfast at the hotel  
Pack your suitcase and check-out  
**10:30 am** Meet at the hotel lobby to walk to Engelberg's Benedictine Monastery  
**10:45 am** Tour of the Monastery  
**12:00 pm** Departure from Engelberg for Zurich  
**1:30 pm** Walking tour of Old Zurich  
**3:30 pm** Tour ends at Zeughauskeller – Leisure time to explore Zurich on your own

**5:00 pm** Group will meet at Zueghauskeller Restaurant for early dinner  
Bahnhofstrasse 28A  
8001 Zürich, Switzerland

**Menu:**

Green salad  
Cannon Cleaner Sausage  
French fries  
Ice cream

**6:30 pm** Depart Zueghauskeller and leave for Radisson Blu Hotel

**7:00 pm** Arrival and Check-in at  
**Radisson Blu Hotel**  
Switzerland  
Tel. +41 44 800 4040  
Email: [info.zurich@radissonblu.com](mailto:info.zurich@radissonblu.com)  
[www.radsonblu.com](http://www.radsonblu.com)

**Saturday, 14 March 2020**

**Attire: casual comfortable**

**6:30 am** Breakfast at the hotel  
**Bring your luggage down with you to the hotel lobby**

**FREE TIME**

**1:30 pm** Walk to airport for lunch (TBA)

**3:25 pm** Arrival at Swiss International check-in counter

**5:15 pm** Flight Departs

**FLIGHT INFORMATION**

**Zurich to Newark**  
**Swiss International Airlines, LX #0018**  
**Departs at 5:15 pm**  
**Arrive Newark at 9:25 pm (Terminal B\*)**



## Important Information

**Casual:** Jeans, sneakers, sweatshirts, and T-shirts are acceptable

**Business Casual:**

- **Men:** A combination of collared shirt (dress shirt or polo), trousers with a belt and modest shoes. A blazer or sport coat may be added.
- **Women:** A reasonable length skirt (not mini-skirt) or full-length trousers, blouse (such as a dress blouse, polo, or sweater set) is considered acceptable. An informal dress with appropriate skirt length is also acceptable.

**Business:**

- **Men:** Business suits, dress shirts, and ties for men. Closed toe/closed heel shoes with socks.
- **Women:** Business suits (skirt or slacks) both skirted suits and tailored pantsuits. Closed toe/closed heel shoes with socks or hosiery.

**Trip Notes:**

- Times for all activities are to be strictly adhered to, the group will depart at the indicated time. **PLEASE BE ON TIME!**
- Attendance to seminars is **MANDATORY** – if you are not at the departure point on time it is your responsibility to get to the next scheduled event on your own.
- Please remember you are training to be a professional and as such, we expect your behavior to reflect professionalism. **Do not forget you are ambassadors for both the United States and FDU so please conduct yourselves accordingly.**
- **Evening parties in rooms at the hotels are not allowed! We must be mindful of other guests staying at the hotel**
- Should disciplinary problems arise, faculty members will arrange, for those involved, immediate return to the United States.
- You are adults and are expected to behave as such.

### Things to remember:

- Camera – Cell phone
- Alarm clock (clocks in Europe are 24h clocks, be careful if you use hotels' automated wake-up service)
- Passport and one copy of page with picture to keep in a different place than your original passport – scanned copy and a picture of passport
- Student ID, if you have one – picture of student ID
- Umbrella – small portable
- Converter and adapter – Switzerland has a different converter than a European
- Bring headache, upset stomach, etc. medications you are used to, they may not be available in Europe – List of medications on a paper to be submitted to co-leader
- Phone plan for Europe
- Medical requirements – name of doctor
- Food restrictions



*Peter and Susanne – Our Hosts and Partners in Switzerland – March 2017*